



# Women's Premier Division Squad 2012

## Pre Season Training Schedule

January 2012						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24 Fitness Training 7.15-8.30pm Dunbar Park	25	26	27	28
29	30	31	<b>Training Locations:</b> Dunbar Park Sobraon Rd Marsfield 2122 (off Epping Rd behind the Ranch) Ryde Hockey Centre 16 Waterloo Rd North Ryde 2113			

If you cannot attend any of these sessions you must notify one of the following coaches:

John Cullen (1<sup>st</sup> Grade Coach) – 0410 410 319 - [johnpcullen@bigpond.com](mailto:johnpcullen@bigpond.com)

James Abaniel (1<sup>st</sup> Grade Assistant Coach) – 0405 911 515 – [james.abaniel@yahoo.com.au](mailto:james.abaniel@yahoo.com.au)

Micheal Gunner (2<sup>nd</sup> Grade Coach) – 0413 024 030 – [mgunner1@tpg.com.au](mailto:mgunner1@tpg.com.au)

Jess Cullen (Women's President) – 0401 400 956 – [jess\\_cullen@hotmail.com](mailto:jess_cullen@hotmail.com)

Tim Collier (Director of Coaching) - 0415 213 309 – [collier\\_tim@yahoo.com.au](mailto:collier_tim@yahoo.com.au)



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February 2012						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Fitness Training 7.15-8.30pm Dunbar Park	3	4
5	6	7 Fitness Training 7.15-8.30pm Dunbar Park	8	9 Fitness Training 7.15-8.30pm Dunbar Park	10	11
12	13	14 Fitness Training 7.15-8.30pm Dunbar Park	15	16 Hockey Training Ryde Hockey Cnt Time tbc	17	18
19	20	21 Fitness Training 7.15-8.30pm Dunbar Park	22	23 Hockey Training Ryde Hockey Cnt Time tbc	24	25
26 Internal Trials Ryde Hockey Cnt TBC	27	28 Fitness Training 7.15-8.30pm Dunbar Park	29	<b>Training Locations:</b> Dunbar Park Sobraon Rd Marsfield 2122 (off Epping Rd behind the Ranch)  Ryde Hockey Centre 16 Waterloo Rd North Ryde 2113		

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 Tim Collier (Director of Coaching) - 0415 213 309 – [collier\\_tim@yahoo.com.au](mailto:collier_tim@yahoo.com.au)



# Women's Premier Division Squad 2012

## Pre Season Training Schedule

March 2012						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Hockey Training Ryde Hockey Cnt Time tbc	2	3
4 Internal Trials Ryde Hockey Cnt TBC	5	6 Hockey Training Ryde Hockey Cnt Time tbc	7	8 Hockey Training Ryde Hockey Cnt Time tbc	9	10
11 Trials v External Club - Ryde Hockey Cnt TBC	12	13 Hockey Training Ryde Hockey Cnt Time tbc	14	15 Hockey Training Ryde Hockey Cnt Time tbc	16	17
18 Trials v Sydney Uni Ryde Hockey Cnt TBC	19	20 Hockey Training Ryde Hockey Cnt Time tbc	21	22 Hockey Training Ryde Hockey Cnt Time tbc	23	24
25 SWHL Round Robin Homebush 9am-3pm	26	27 Hockey Training Ryde Hockey Cnt Time tbc	28	29 Hockey Training Ryde Hockey Cnt Time tbc	30	31

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Tim Collier (Director of Coaching) - 0415 213 309 – [collier\\_tim@yahoo.com.au](mailto:collier_tim@yahoo.com.au)



# Women's Premier Division Squad 2012

## Pre Season Training Schedule

April 2012						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Hockey Training Ryde Hockey Cnt Time tbc	4	5	6 Good Friday	7 Easter Saturday  Club Social Event The Races
8 Easter	9 Easter Monday	10 Hockey Training Ryde Hockey Cnt Time tbc	11	12 Hockey Training Ryde Hockey Cnt Time tbc	13 Premier Division Season Stars TBC	14
15	16 In Season Training Program	17	18	19	20	21
22	23	24	25	26	27	28
29	30	<b>Training Locations:</b> Dunbar Park Sobraon Rd Marsfield 2122 (off Epping Rd behind the Ranch) Ryde Hockey Centre 16 Waterloo Rd North Ryde 2113				

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